



## POLICY STATEMENT PROJECT ACTIVE

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### 1.0 Introduction

- 1.1 The guiding principle behind Project Active is to encourage students to sample activities that they may not be exposed to through their normal school routine. These activities must be stimulating and provide the participant with the opportunity for personal growth in some manner (this could be of a physical, mental or spiritual nature). In addition to this there is a particular emphasis on activities of a physical nature due to the well documented benefits of a healthy and active lifestyle, including an improved ability to deal with stress and an increased self-image.
- 1.2 The other aspect of Project Active activities is their duration. Students are required to make a commitment to be involved in an activity over a reasonable period of time. Through an extended period of involvement, students gain a greater understanding of the requirements and benefits of their chosen activity. To this end, an activity must be offered over a minimum of four (4) sessions to qualify as a Project Active activity.
- 1.3 Hillbrook students in Years 8 and 9 are required to participate in two (2) Project Active activities per year.

### 2.0 Roll

- 2.1 As Project Active is a school activity, student attendance must be documented. Activity supervisors are to collect a class roll prior to the first session and document student attendance accordingly. The rolls will be produced from returned permission slips; if a permission slip has not been handed in then the student will not be allowed to participate in the activity.
- 2.2 The roll will identify students who have a medical condition that may affect their participation in the activity. A summary of any relevant details will be attached to the roll. These details are confidential and must be treated accordingly.
- 2.3 Activity supervisors will be responsible for maintaining the roll. If a student misses two (2) consecutive or three (3) non-consecutive sessions without a valid reason, then the Project Active Co-ordinator must be contacted. S/he will then liaise with the school leadership team and the student's parents. The activity supervisors must return the roll after the last session for the term.



### 3.0 Activity Providers (External)

3.1 A number of Project Active activities are sourced from activity providers who are external to Hillbrook. In this case, the following criteria must be met. Any external activity providers must:

- be in possession of a current Blue Card. If there is no Blue Card, the activity can still run if a staff member from Hillbrook agrees to supervise each session of the activity;
- have a current Public Liability Insurance Policy with a minimum coverage of \$2,000,000;
- have current first aid training and risk management planning appropriate to the activity being conducted;
- provide emergency contact details for contact during the activity.

### 4.0 External Participants

4.1 Project Active activities will be made available to participants other than Hillbrook students provided the following criteria are met:

- there must be space for the external participant in the activity without displacing any Hillbrook student wishing to participate;
- the external participant has completed and submitted a separate parental/guardian consent form detailing medical conditions and emergency contact information;
- where deemed appropriate by the Program Co-ordinator (in liaison with the Hillbrook school leadership team) the external participant is able to provide details of a current personal insurance policy.

### 5.0 Parent Activities

A select number of activities will be offered for parents of current Hillbrook students. Parents will be required to fill in a separate consent/disclosure form which will include details of any medical conditions that may be relevant to participation in their chosen activity. It should be made clear that disclosure of medical conditions will not be used to exclude participation in an activity, rather to better manage the outcomes of any unplanned events.