

TUCKSHOP MENU 2019 Term 1

Breakfast (8am to 8.25am)	\$
Toast with Jam or Vegemite	0.70
Raisin Toast	1.00

Morning Tea	
Muffin (Bacon, Egg & Cheese) GF on request	4.50
Croissant (Ham & Cheese)	5.00

Lunch

Daily Specials	
Monday: Quiche & Salad GF	5.50
Tuesday: Spaghetti	5.50
Wednesday: Wedges w/ Sour Cream & Salsa	4.50
Thursday: Nachos (Beef or Veg) GF	5.50
Friday: Poke Bowl GF	6.50

Burgers (GF on request)	
Chicken Burger with Lettuce, Tomato & Mayo	4.50
Chicken Sub with Lettuce, Tomato & Mayo	4.50
Vege Burger	5.50
Gourmet Beef Burger with Caramelised Onion & Salad	6.00

Hot Food	
Baked Potato GF on request	5.00
Hot Dog (add cheese for \$0.50)	3.50
Sausage Roll	3.00
Pie (Beef or Potato)	4.50
Sauce	0.20
Pizza Singles	3.50
Pasta Bake	4.00
Toasted Turkish Bread (various fillings)	4.50
Cheese Toastie w/ Tomato or Ham (add both for \$0.50) GF on request	2.50

Salads, Sandwiches and Sushi	
Sandwich or Roll (Various fillings) GF on request	4.50
Small Roast Vege Salad GF	4.50
Garden Salad with Ham, Beef or Chicken GF	5.50
Greek GF OR Caesar Salad GF on request	5.50
Sushi Roll GF options available	3.00

* Items may change due to 2019 Building works.
* GF - gluten free options prepared by the tuckshop may contain traces of gluten.
For Gluten Free bread add \$0.50.

Snacks	\$
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Chip an' Dip Combos	
Crackers & Cheese	3.00
Hommus with Veges GF	3.00
Mexican Dip with Corn Chips GF	4.00

Healthy Fruit / Yoghurts	
Vaalia Low Fat Yoghurt (assorted) GF	2.50
Fresh Fruit (whole) GF	1.50
Fruit Cup (sliced) GF	2.50
Fruit Salad GF	3.50
Yoghurt mix (w/ Granola & Berries)	4.00
Vanilla Custard GF	2.00

Baked Goods	
Cake (per slice)	1.50
Coffee Roll	2.00
Banana Bread	2.00
Biscuits (2 pack)	2.50
Pikelets with Butter & Jam	3.00
Slices (assorted)	3.50
Apple & Cinnamon Scrolls	4.00

Pre-Packaged Chips	
Grain Waves	1.50
Snaps GF	1.50
Red Rock Deli Chips	1.50
Popcorn	2.00

Ice Blocks	
Calippo Mini	1.00
Ice Cream Cup	1.00
Icy Twists - Lemonade	1.20
Paddle Pop (Choc or Rainbow)	1.60
Cyclone	2.20
Shakey Shake Chocolate	2.20
Frozen Yoghurt	2.50

Cold Drinks	
Plain Milk 300ml	1.50
Plain Milk 500ml	2.00
Breaka 300ml	2.50
Ice Break 320ml	3.00
So Juicy 100% Orange or Apple 300ml	2.50
Emma & Tom's Small Juice	3.50
Emma & Tom's Smoothie	3.50
Emma & Tom's Quencher	4.00
Emma & Tom's Large Pineapple Juice	4.00

We are able to cater for most dietary requirements - please enquire at the tuckshop.