

Outdoor Education: Personal Gear

Choosing equipment for your son or daughter's Outdoor Education Program can be confusing and expensive. This doesn't need to be the case, and these few tips should make assembling the correct gear a fairly painless process.

You may already have some, or all, of the gear that is necessary, particularly if an older sibling attends Hillbrook, or you are an outdoors type family. In addition, Hillbrook supplies students with some of the basic equipment requirements. Feel free to talk to one of our Outdoor Education staff before going out and spending a lot of money on equipment that may not be necessary or appropriate.

If it does come to purchasing gear remember the old adage "you get what you pay for". Quality outdoor gear is worth the outlay and will last a long time if looked after properly. Hillbrook has negotiated a discount from some suppliers on the equipment that may need to be purchased.

Please remember that the right equipment could mean the difference between a comfortable, enjoyable experience in the outdoors and one that isn't. Below is a basic gear list that Hillbrook recommends, with some things to consider. The items in **bold** are essential.

Broad Brim Hat	Hats are compulsory on all Outdoor Education days & camps. Students need a broad brim hat that has a drawstring for windy days. As these are essential, if students don't arrive with one, they will be provided one to keep, and parents billed.
Sleeping Bag	Remember that on senior camps, sleeping bags will need to be carried on overnight or multi-day walks in a backpack (along with tents, food, clothing, etc) so packed size is important. Getting a sleeping bag with a winter, or 0 degree rating, will ensure the comfort.
Sleeping Bag Liner	Triplies the life of your sleeping bag and reduces the need for sleeping bags to be laundered. An old double sheet folded in half and hemmed along two sides is a good alternative.
Sleeping Mat	For comfort and insulation, a must. For year 7 Camp, any will do. If you are buying one - pack down size matters , so either go for the basic non-inflating blue foam rolls, or a small self inflating style one that folds in half longitudinally before it is rolled.
Day Pack	This should be at least 35 litres in volume, have 2 padded shoulder straps, a waist belt and be fairly robust. Can his/her school bag do the job? NOTE: Hillbrook can supply the larger expedition backpacks for senior programs. You will not need to purchase one of these for future years if you do not wish to.
Raincoat	An essential. A good raincoat is at least mid-thigh length, has an attached hood and is actually waterproof (not all are!). Ponchos and Ski Jackets are not suitable.
Thermal Wear	Made from polypropylene, merino or equivalent. These are light, warm and quick drying. The older cotton style thermals are not suitable. These are important for camp and activity days.
Long Sleeve Shirt	This is important for sun protection. It must have long sleeves and a collar.
General clothing	Cotton should be avoided – remember in the outdoors “cotton is rotten”. Quick dry clothing packs smaller in bags and (obviously) dries a lot quicker after water activities, rain, etc. PE shorts are perfect – any other shorts must be this length or longer.
Footwear	No need to go out and buy expensive boots as a comfortable pair of sturdy runners will do the job. For canoeing and swimming, students are required to wear covered footwear, an older pair of runners is most suitable (as long as they still fit comfortably!)
Personal Cutlery	For meal times; a plate, bowl, cup, knife, fork, spoon & tea towel, preferably in a carry bag. Plastic or metal are best, something that won't break easily. No sharp knives , they are provided at meals.
Water Bottle	Water bottles are a must! 2 x 1litre soft drink bottles are hard to go past, and they are better than most alternatives.
Head Torch	Head torches are compact and allow the students' hands to be free for the many activities they will encounter on camp.
Watch	As students are not allowed to use their mobile phones during Outdoor Education activities, which can make keeping track of time difficult. A cheap, waterproof watch is highly recommended.
Camera	Not essential, but as mobile phones are not allowed on OE activities, a shockproof, waterproof camera is recommended for recording all those wonderful memories.
Tent	On the junior camps, tents are provided by Hillbrook. Students may wish to buy a tent for the senior camps, and if you are considering buying one now, make it a small "hiking style" tent - compact and lightweight, suitable for 2-3 campers. Look for vestibules, seam sealing and ventilation.



Macpac Fortitude Valley
 Shop 3, 108 Wickham Street
 Macpac Chermshire
 Shop 2632 Westfield Chermshire
 Macpac Airport DFO
 Shop 62
 Macpac Windsor HUB
 Homemaker centre, Lutwyche Rd

Hillbrook Anglican- Supervising Teacher Andrew Devenish Outdoor Ed.

Macpac

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The Below is a suggestion, the Macpac Store staff can advise other options suited to your child.
 Some items may be out of stock other options may be available.

Student Name		
Contact Phone or Email		

Macpac items name	Normal RRP	Hillbrook	Size	Colour
Broad Brimmed Hat - Nylon V3	\$49.99	\$34.99		
Quick Dry Shorts - Drift Short	\$119.95	\$83.97		
Water Proof Jacket hooded - Dispatch	\$289.99	\$202.99		
Water proof Jacket - Copland (Long)	\$429.99	\$300.99		
Thermal Shirt, LS - Geothermal LS Top	\$49.99	\$34.99		
Thermal Pants, - Geothermal Pants	\$49.99	\$34.99		
Petzl Tikkina Head torch	\$54.99	\$49.49		
Day Pack 30 - 40 Litres - Torlesse 35	\$269.95	\$188.97		
Alt Day Pack Voyager 35Litre	\$279.99	\$195.97		
Sleep Mat Foam EVA (Windsor HUB ONLY)	\$19.95	\$13.99		
Sleep Mat Macpac inflatable 2.5 Standard	\$89.99	\$62.99		
Sleeping Bag Liner - Cotton	\$69.99	\$48.99		
Sleeping Bag, Wanderer Full Flame (Windsor HUB only)	\$129.99	\$90.99		
Sleeping Bag general use Macpac Aspire 360 Synth (Warmer)	\$249.99	\$174.99		
Water Bottle 1 Litre - Macpac Soft Touch	\$34.99	\$24.49		
Knife Fork Stainless Spoon Set	\$9.99	\$6.99		
Sea to Summit Delta Kit, Plate, Bowl Cup and Utensils	\$34.99	\$31.49		

30% Off RRP on All Macpac Branded Items. 10% offRRP on Non Macpac Branded items

ONLY AVAILABLE AT THIS PRICING IN STORE, NO WEBSALES.

You must bring this list into the Fortitude Valley Macpac Store, Windsor HUB, Chermshire Store or Airport DFO and student I.D. to qualify for the pricing and must be an Outdoor Ed participant at Hillbrook

MORE OPTIONS INSTORE OR CHECK OUT THE RANGE ON LINE MACPAC.COM

If sale or clearance price is cheaper, the Hillbrook price above will not apply.

Macpac reserves the right to change pricing

Macpac reserves the right to refuse sale if it is believed Items are not for Hillbrook Outdoor Ed Students.



Please see below the list that we recommend for your Outdoor Ed. Program
A range of good quality gear, keeping you safe and comfortable!

Item	Brand/Product	Price RRP	HB Student Price
Broad Brimmed hat	Outdoor Research - Helios Sun Hat	\$44.95	\$32.50
Quick Drying shorts	Outdoor Research - Ferrosi Shorts (Mens and Ladies)	\$89.95	\$62.40
Waterproof Jacket	Outdoor Research - Helium II Jacket (Mens and Ladies)	\$239.95	\$167.90
Thermal Shirt	Mont Powerdry (Unisex)	\$69.95	\$59.45
Thermal pants	Mont Powerdry (Unisex)	\$69.95	\$59.45
LED Headtorch	Petzl Tikkina	\$39.95	\$33.95
Day Pack	Lowe Alpine Aeon 27	\$189.95	\$149.95
Sleeping Mat	Exped - SimLite 3.8M	\$149.95	\$109.95
Sleeping Bag Liner	Sea to Summit - Silk/Cotton Liner 'Traveller'	\$74.95	\$63.70
Sleeping Bag	Mont Evo	\$249.95	\$179.95
Water Bottle	Nalgene - Tritan 1000ml WM	\$19.95	\$16.95
Water Bladder	Source - WidePac 2L	\$54.95	\$39.95
K,F,S Set	Life Venture - Ellipse	\$6.95	\$5.95
Plate/Bowl	Life Venture - Ellipse	\$6.95/\$4.95	\$5.95/\$3.95

To honour K2's commitment to the good work carried out by the Outdoor Education Department at Hillbrook, K2 would like to extend a 15% discount STOREWIDE for all products to serve the needs of the program. This will allow you to choose from the wide range of quality gear from world leading brands K2 Base Camp provides available in-store!

Receive these prices on the selected goods above and the 15% off RRP storewide, when you present this form to our team of outdoor adventure specialists.

We look forward to meeting all the excited young adventures in-store and are grateful to be a part in a lifetime journey of amazing outdoor experiences.

Sincerely,
Daniel Laing
General Manager
K2 Base Camp

Anaconda

Hillbrook Gear List	RRP	Student Price
Camp & Hike		
Denali Pinnacle Day Pack 40 Litres	\$139.99	\$70.00
Denali Basecamp pillow	\$39.99	\$19.99
Denali cotton liner	\$39.99	\$19.99
Sea 2 summit expander bag liner	\$44.99	\$31.99
Denali lite 200 sleeping bag	\$189.99	\$109.99
Denali Suede Microfibre Travel Towel	\$19.99	\$8.99
Sea 2 summit 3 piece cutlery set	\$11.99	\$7.49
360 degrees camp dinner set	\$21.99	\$14.49
Sea 2 summit delta camp set	\$40.99	\$27.99
Sea 2 summit delta mug	\$13.99	\$10.99
Campfire Melamine Individual pieces		
Mug	\$7.99	\$5.49
Plate	\$8.99	\$5.99
Bowl	\$7.99	\$5.49
Dorcy LED headlamp	\$9.99	\$4.99
Energiser Vision HD+ Headlamp 350Lumen	\$34.99	\$27.49
Cancer Council Repel Sunscreen	\$19.99	\$13.99
Trafalger persoanl first aid kit	\$16.99	\$12.99
Kids Clothing		
Cape pack-it rain jacket	\$49.99	\$28.49
Rainbird stow away jacket	\$79.99	\$47.99
Shimano wide brimmed hat (Standard)	\$29.99	\$18.99
Mountain design poly thermal tops	\$39.99	\$21.99
Mountain design poly thermal pants	\$34.99	\$19.99
Mountain design Merino blend thermal top	\$69.99	\$39.99
Mountain design Merino blend thermal top	\$69.99	\$39.99
Mountain design Merino hike socks	\$34.99	\$21.49
Body glove kids aqua socks Hermosa	\$19.99	\$14.99